

Moving Check List:

"This list covers the essentials and leaves space for you to customize it based on your unique moving needs—because every move, like every person, is different. If you have any questions or would like to work with me, I'm here to help!"

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BEFORE MOVING / RELOCATION

2–3 Months Before Move

- ☐ Create a moving binder or digital folder for important documents.
- ☐ Choose a moving date.
- ☐ Notify landlord (if renting) and review lease termination terms.
- ☐ Create a moving budget (include movers, supplies, travel, and deposits).
- ☐ Start decluttering: donate, sell, or dispose of unwanted items.
- ☐ Make a list of items that will need special handling.
- ☐ Take inventory of valuable and large items.
- ☐ Photograph items for insurance purposes.
- ☐ Research and compare moving companies.
- ☐ Get 2–3 quotes and schedule in-home or virtual estimates.

Your Additions:

- ☐ _____
- ☐ _____
- ☐ _____

1-2 Months Before Move

- ☐ Confirm moving company and sign contract.
- ☐ Order packing supplies (boxes, tape, bubble wrap, labels) if you're packing yourself.
- ☐ Begin packing non-essentials (seasonal items, books, décor).
- ☐ Label boxes by room and contents label on two of the 4 sides, mark fragile and arrows if it needs to sit in a certain direction during transport..
- ☐ Arrange school records transfer if moving with children.
- ☐ Notify your employer and arrange time off.
- ☐ Notify important contacts: bank, insurance, subscriptions, etc.
- ☐ File a change of address with USPS.
- ☐ Schedule utility disconnections at the old home and connections at the new one.
- ☐ Arrange cleaning services for move-out/move-in if needed.
- ☐ Plan meals to use up perishable food.

Your Additions:

- ☐ _____
- ☐ _____
- ☐ _____

1 Week Before Move

- ☐ Pack essential bag (clothes, toiletries, meds, chargers, paperwork).
- ☐ Confirm all arrangements with movers.
- ☐ Dispose of hazardous items movers won't transport (paint, propane).
- ☐ Pack remaining items room by room.
- ☐ Clean and defrost fridge/freezer, if applicable.

☐ Set aside cleaning supplies for final cleanup.

☐ Arrange pet or child care for moving day.

Your Additions:

☐ _____

☐ _____

☐ _____

DURING MOVING / RELOCATION

☐ Wake up early and ensure all items are packed.

☐ Do a final walkthrough of your old home (check closets, drawers).

☐ Supervise movers and provide any special instructions.

☐ Protect floors and walls during move-out (if applicable).

☐ Keep valuables and essentials with you — not in the moving truck.

☐ Do a final sweep to make sure nothing is left behind.

☐ Sign the inventory checklist from the movers.

☐ Lock doors and drop off keys as needed.

☐ Travel safely to the new location.

Your Additions:

☐ _____

☐ _____

☐ _____

AFTER MOVING / ARRIVAL AT NEW HOME

Move-In Day

- ☐ Supervise unloading and placement of boxes/furniture.
- ☐ Check for damages or missing items from inventory.
- ☐ Tip movers (if applicable).
- ☐ Start with unpacking essentials.
- ☐ basic kitchen and bathroom items.

Your Additions:

- ☐ _____
- ☐ _____
- ☐ _____

1–2 Weeks After Move

- ☐ Recycle or return used boxes.
- ☐ Unpack room by room (start with the kitchen and bedroom).
- ☐ Install or update the security system and smoke detectors.
- ☐ Explore local amenities (groceries, pharmacies, schools, parks).
- ☐ Register the car and update driver's license (if out of state).
- ☐ Update voter registration.
- ☐ Send out new address to friends/family.

☐ Leave a review for the moving company (positive or negative).

☐ Get to know your neighbors.

Your Additions:

☐ _____

☐ _____

☐ _____